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Mr Alex Marshall

Registered Forensic Psychologist, Chartered Member of the British Psychological Society, Health and Care Professions Council, MSc, BSc (Hons)

Academic Qualifications

BSc (Hons), Psychology, 2007, University of Sunderland

MSc, Applied Forensic Psychology, 2013, University of Leicester

PGCert, 2013, University of Teesside

Professional Qualifications

Registered Forensic Psychologist registered with the Health and Care Professions Council, registration number PYL35401

Chartered Member of British Psychological Society, Chartered Psychologist, full member of the Division of Forensic Psychology, BPS number 316784

Recent Professional Training

- CBT skills with The Association for Psychological Therapies- 2018
- DBT Skills Training with British Isles DBT Training- 2018
- EMDR (Eye Movement Desensitisation and Reprocessing) with Richman EMDR Training- 2016
- Attachment Style Interviewing (ASI) with Child and Family Training- 2015
- CBT for Insomnia (CBTI) with Sleep Unlimited, 2018
- Running Groups with men using IPV: Essential Facilitator Skills, 2019

Professional Experience

Current practice has included assessment, risk management and treatment in forensic settings (secure and community), with adults and adolescents referred from other agencies and on a private basis. This has included the delivery of manualised programmes and development of treatment programmes for services on a group and individual basis. Treatment programmes include those with a CBT basis, integrated with other approaches and techniques, as well as skills training, psychoeducation, motivational interviewing, mindfulness and acceptance.

Current professional practice has included risk assessments in private medico-legal setting, with a focus on family court proceedings (primarily adults). Assessments include the use of evidence-based approaches to facilitate formulation, including assessment of personality, attachment, cognitive capacity and mental health. This is done using a range of approaches, including with psychometrics, structured and semi-structured interviews (e.g. MCMI-III, IPDE, Attachment Style Interviewing, cognitive psychometrics).

Risk assessment is conducted using tools to explore dynamic and static factors, with formulation assimilating clinical judgement where appropriate (e.g. of tools: HCR-20(v3), PCL-R, SARA, RM2000, SVR-20, SAVRY).

Populations/issues of focus in practice include: sexual offenders; sexual abuse survivors; domestic violence (perpetrators and survivors); fire-setters; violent offenders; mental-health (forensic and clinical); personality disordered; self-injury; anger-management; emotional dysregulation; dishonesty/fraud; substance abuse/addiction; trauma/PTSD; child protection; rehabilitation; learning difficulty/disability.



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Further experience has included the provision of University lectures (undergraduate and post-graduate) and training and workshops to professionals for their own development on a range of topics, including neurological and developmental disorders of adolescents and managing behaviour, delivered to professionals based in forensic settings; sexual offender risk management to Police service and Court Room Psychology to Social Workers.

Current Clinical Practice

- Expert Testimony in Medico-Legal Capacity
- Lectures and Workshops
- Direct supervision of Forensic Psychologists in Training
- Consulting Services
- Therapeutic Services for Private Clients in Non-Forensic Settings
- Therapeutic Services for Individuals in a Forensic Setting via Agency Referrals

Lectures and Workshops

Alex Marshall is available to offer lectures and workshops to professionals and general audiences. Most of the following workshops can be presented to accommodate time slots varying from one hour to two days. Please contact to discuss the needs and interests of your organisation.

Topics on which Alex Marshall is currently available to offer workshops include:

- Risk assessment in family cases
 - Violence risk, sexual risk
 - 'Good enough' parenting
- Cognitive assessments
 - Approaches to assessment
 - Implications of learning difficulty in practice
- Assessment and treatment of personality, mental health, trauma
- Psychological assessment and diagnosis
- Forensic Issues for risk assessment and treatment

Consulting Services

Alex Marshall is available to consult with professionals about:

- Trauma treatment: treatment planning, developing skills in survivors, risk management
- Mental health treatment: assessment, treatment planning, developing skills in clients, risk management
- Psychological testing: objective personality testing for clients using evidence-based methods
- Diagnostic dilemmas: assistance with differential diagnosis of complex cases, including questions of malingering
- Forensic issues: preparing clients/therapists for dealing with the legal system; consulting with professionals on aspects of civil and criminal cases relating to trauma, abuse, mental health, learning difficulties
- Attachment Style Interviewing: assessment of attachment style in the context of mental health and risk assessments; however, this is also relevant for assessing attachment in for clients involved in the process of fostering/adopting children

Forensic Testimony

Alex Marshall is available to solicitors to serve as an expert witness and consultant in legal matters involving questions of trauma, abuse, learning difficulties, parenting. Expert witness services include:

- Psychological assessment of clients in civil or criminal matters
- Review of records
- Research
- Formulation
- Report writing
- Expert testimony



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Solicitors, Local Authorities, please contact Alex Marshall directly to discuss your case and his fees. Parties to civil or criminal cases, please arrange for your solicitor to contact Alex Marshall as he cannot deal directly with a party to a case.

Therapeutic Services

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Alex Marshall's practice focuses on forensic issues and is based on core principles of evidence-based approaches, integrating techniques from various therapeutic approaches for individuals and groups. Continuing development is based on on-going research and review of theory and practical skills (including training from official providers in therapeutic skills and CPD).

Psychotherapeutic Services Include:

- Trauma treatment (including CBT-based approaches, EMDR)
- Mental Health treatment (depression, anxiety, phobias, stress)
- Personality disorder treatment
- Domestic Violence Perpetrator Programmes
- Work with survivors of Domestic Violence
- Sleep therapy and treatment
- Generic CBT-based programmes for a range of difficulties with elements and focus depending on individual client's needs.
- Individualised therapy, with an integrative approach, utilising techniques from various approaches, including CBT, DBT, Skills Training, ACT, EMDR.



Employment

Present employment:

[Director of Parsons Marshall Psychology Limited](#) as a Forensic Psychologist, Jun 2016-Present

Significant Past Employment:

[Trainee Psychologist](#) in medico-legal setting (DSP Psychological), Apr 2014-Jun 2016

[Trainee Psychologist](#) with Stockton Young Offenders Team (working in community and secure settings), Mar 2014- May 2015

[Trainee Psychologist](#) in medico legal setting (Parsons Dowd Psychological) Jan 2013-Apr2016

[Visiting lecturer](#) – various posts from 2012 onwards

Research

- Adolescent and adult offender recidivism rates after Cognitive Behavioural Therapy: A comparison using meta-analysis- MSc Thesis (2012), exploring and establishing efficacy of CBT in terms of recidivism, as well as exploration of effective components of such treatment
- Individual Differences of Male Perpetrators of Domestic Violence Exploring the Effect of Young Offenders' Needs on Recidivism- establishing through factor analysis sub-groups of domestic violence perpetrators using data from males involved in family court proceedings (peer reviewed).
- Exploring the Effect of Young Offenders' Needs on Recidivism- exploring the efficacy of systems and approaches used by a specific YOT in terms of impact on recidivism rates
- Current research with University of Nottingham into the development of effective assessment of participants on Domestic Violence Perpetrator Programmes and implications for programme delivery – Doctorate Thesis, 2018 – Present.



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